



MYAA Cheer Information

Uniform ESTIMATED Costs:

Sneakers	\$54.00 (adult size)
Sneakers	\$37.00 (youth size)
Socks	\$10.00 (2 pairs at \$5 each)
Bloomers	\$9.00
Bows	\$10.00
Pom-Poms	\$18.00-once you have them never need to purchase again.
Warm Ups	\$75.00

***These prices are estimates and are subject to change!**

Provided by the association:

Vest, skirt, body liner, and t-shirt.

IMPORTANT DATES

Mountville Carnival-Parents will need to sign up to work in concession stand-Wednesday, May 16

Memorial Day Parade: Saturday, May 26

Mandatory practices: August 13, 14, 15, 16 and August 20, 21, 22, 23-- 6:00- 8:00 p.m. at Froelich Field

Practices will be twice a week after these practice days.

Mountville Fireworks: parents will need to sign up to work in the concession stand

Competitions -we will most likely do 2- One in October and 1 in November

Parents will need to sign up for helping in the concession stand closer to the season.

Fall Game times: These are just approximate times- exact times will be given out closer to the season.

Saturday Game Times:

D Team - 4:00 PM

C Team - approx. 5:30 PM

B Team - approx. 7:00 PM

A Team - approx. 8:30 PM

Sunday Game Times:

A Team - 1:00 PM

B Team - approx. 2:30 PM

C Team - approx. 4:00 PM

D Team - approx. 5:30 PM

Young Knights games will be on Monday nights at 6:30 p.m. at Froelich Field.

What can I do with my kid this summer to get her ready for Fall cheerleading?

*Stretch- splits, heel stretches, backbends

*Tumbling- work on front rolls(feet together and stand up), cartwheels with pointed toes, back bend kickover, backwalkover, front walkover, back handspring. These things are in order of progression. Work on one and perfect before moving on. There are various gyms in the area that offer tumbling classes if you are interested, please let me know and I can tell you where.

*Jumps- work on toe touch, hurdlers, and pikes. Point toes and put arms in correct positions.



Young Knights Estimated Costs

White Sneakers- can go through us with Flying Feet or get on your own.

Free T- shirt

Bow- \$10

Warm ups- up to you if you want to purchase; encouraged to buy the jacket.

Pants and shorts- black

Poms- you are welcome to purchase your own pair that you can keep and use each year or MYAA will let you use a pair that will be turned in at the end of the season. \$18 if you are purchasing.

All games will be on Monday Nights.

IMPORTANT DATES

Meet the team-May 15, 16 - Will email times closer to the date

Mountville Carnival-Parents will need to sign up to work in concession stand-Wednesday, May 17

Memorial Day Parade: Monday, May 29

Be there by 9:30 a.m. (cheerleaders walk in this parade)

Mandatory practices: August 14, 16, 16, 17 and August 21, 22, 23, 24-- 6:00- 8:00 p.m. at Froelich Field

Practices will be twice a week after these practice days.

Mountville Fireworks: July 1- parents will need to sign up to work in the concession stand

*Parents will need to sign up for helping in the concession stand closer to the season.